



In order to receive the Homework Challenge badge you:

- ✓ Are required to complete a minimum of **seven** challenges.
- ✓ May do more than seven challenges if you wish.
- ✓ Must complete at least one challenge from each category.
- ✓ May design your own challenges with the help of your parents and teachers. These must be approved by your teacher and presented on a task sheet before beginning the challenge.
- ✓ Must meet with your teacher to show that you have completed each challenge (self-check, parent check and some evidence).
- ✓ It is quality, not quantity that is important in these challenges. Take your time, plan well, and do each of your challenges with excellence!

Academic Excellence		Self	Teacher	Parent
A 1	Research an issue. Read articles, collect quotes and gather data. Be a reporter. Write a letter to an editor promoting an issue that you are passionate about.			
A 2	Science and Technology: reconstruct, recycle, and rejuvenate. Choose an old piece of clothing, metal, wood or electronics and make it into another product.			
A 3	Improve your study skills: research the early migration of Ngai Tahu. Why, how and where did they settle in Te Wai Pounamu? Research at least two prominent Ngai Tahu people.			
A 4	Improve your writing skills: complete three pieces of writing and publish them both.			
A 6	Recycling: find out how plastic is manufactured from raw materials. Is it a renewable material? Give examples. Explain why we need to recycle plastic and how recycling can be done. Extension: promote recycling in our school			
A 7	Design your own challenge.			

Excellence in the Arts		Self	Teacher	Parent
E 1	Learn an instrument or craft or join a dance school / team during the year. Present a performance or something you made to your class or our Team.			
E 2	Take a series of photographs that depict your wider community. You need to think about lighting, angles and shot selection. Present twelve images in an interesting way.			
E 3	Create a painting or use fabric to create an artwork. Document your planning process.			
E 4	Design a motif / logo that represents Russley School. Think about and include aspects that are important to the school and our school community.			
E 5	Join a community or school choir, orchestra or Kapahaka roopu participating in all rehearsals and performances for the year.			
E 6	Design your own challenge.			

Giving		Self	Teacher	Parent
G 1	Give to children in need: plan and implement a scheme to raise money for a charity. Or, participate in a fund raising event.			
G 2	Give to your family: budget, shop and prepare three formal three course meals with a theme, including the menu, and cooking and presentation of the food. Include photographs of the meal and feedback from your guests.			
G 3	Give to families in need: in groups (up to four) find a way to help those in need (food / goods collection for the Salvation Army, City Mission, SPCA, Food Bank etc)			
G 4	Give of your time: visit an elderly person you know at least eight times over two terms. During these visits find out ways that you can help (gardening, dishes, reading to them etc. Keep a diary, either visually or written.			
G 5	Give your skills to help others: Join a First Aid Club, join a surf lifesaving club or similar.			
G 6	Design your own challenge.			

Physical Activity, Health and the Outdoors		Self	Teacher	Parent
P 1	Improve your fitness over a four week period complete a run or walk of at least 70km or cycle 120km.			
P 2	Improve your swimming skills over a period of time: swim a total of 1100m.			
P 3	Explore the outdoors: plan, prepare and complete a two night tramp or two overnight camps with a family member or friend. This includes meals and equipment.			
P 4	Undertake and complete an endurance event: participate in a triathlon, duathlon, cycle race etc.			
P 5	Compete in a sport for an entire season. Set performance goals and reflect on these.			
P 6	Walk <i>or</i> run Hagley Park ten times (only one of the parks) over a period of time.			
P 7	Choose a physical activity, assess your current abilities using appropriate measurements then set goals for improvement. Generate a recording system and record your improvement. Consult with an expert or coach and get professional advice.			
P 8	Research: what does 5+ a day mean? Do you meet the recommendations? Keep a detailed record of what you eat over a two-week period. Are you meeting the requirements? What could you do to improve?			

Service to the School Community and Environment		Self	Teacher	Parent
S 1	Improve your skills: work as a school councillor, librarian, road patroller, mediator, tech monitor, lunch monitor, dishes monitor, wet day monitor, and gardener.			
S 2	Help make our school look great: choose an area of the school and improve it!			
S 3	Care for our younger children: organise a series of five lunchtime games or activities for Team Two pupils or teach them dance or an instrument.			
S 4	Join a community group and show how through this you have helped others (Scouts, Keas, Guides, Church group etc) for two terms. Record and share your achievements with the class or Team.			
S 5	Design your own challenge.			